



YOUTH  
Asian athletics  
championships



Technical Meeting



# DOCUMENTS DELIVERED

- Time Table(Competition Schedule)
- Entry List by Events
  - Entry List of the Team
  - Athlete Bibs
- Withdrawal Form
  - Shuttle Bus Schedule

5<sup>th</sup>

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# AGENDA

- Welcome and Introductions
- Timetable
- Rules & Competition Information
- Call Room reporting times
- Qualifying procedures
- Starting heights and the raising of the bar
- Protests and Appeals
- Medical & Anti-Doping
- Medal Ceremonies
- Opening Ceremony
- Answers to written questions

Asian AAA Secretary General

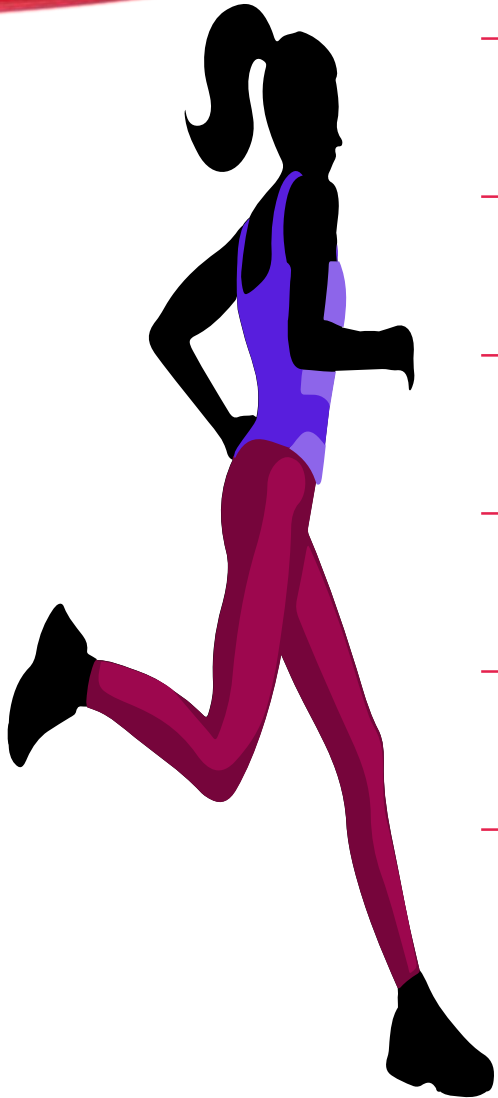
Mr.A Shuggummaran (SGP)

Organising chairman

Mr. Komoliddin (UZB)

Organising Secretary

Mrs Khayrova Galiya (UZB)





## International competition Delegates

### **Oranistation Delagates**

MR. A. SHUGGUMMARAN (SGP)

### **Technical Delegate**

MR CUDDI KOTTA VALSON (IND)

MR MAHMOUD ABUL (KUW)

### **Medical Delegate**

DR FUMIHIRO YAMASAWA (JPN)

### **Doping Delegate**

MR. SIMON (HGK)





## International competition Delegates

### **Jury Members**

MR LOH LIN YOW (SGP)

MR ROLAND SAADE (LBN)

MS TATYANA STEPANISHEVA (TKM)

### **International Technical officials**

MR CHAN MAN HAU (HKG)

MR DWI PRIYONO (INA)

MR HARUYUKI SEKINE (JPN)

MR HO WENG HONG (MAC)

MR NAGAPPAN PADMANATHAN (MAS)

MS OBIENA MA JEANETTE (PHI)

MR ABDUL HAKEEM AL-AMERI (QAT) CHIEF

MR YANG FENG (CHN)



## International competition Delegates

### **INTERNATIONAL WALK JUDGE (IWJs)**

MR YANG ZHONGMIN (CHN)

MR SARDJITO (INA) CHIEF

MR TOMOYA ISHII (JPN)

MR GOVINDARAJU SINNAPPAN (SGP)

MR HAMAD ABDULLAH A.AL-HINIW (KSA)

MS ECHO YEUNG MAN CHUN (HKG)

### **INTERNATIONAL PHOTO FINISH JUDGE**

MS NONGLUX PORNSIRISUTHANONT (THA)

### **INTERNATIONAL STARTER**

MR GOVINDASAMY VEERIAH (MAS)

### **INTERNATIONAL PHOTOGRAPHER**

MR EDWIN KOO KAH HENG (SGP)

### **MEDIA PERSON**

MR KARABALIN SUNKAR BOLATOVICH

### **ASIAN AA STAFF 3PERSONS**

MS KHWANHATHAI(THA)

MR RAGHADAN N. FAISAL(SYR)

MR SALMAN IQBAL BUTT (PAK)



## TIMETABLE (COMPETITION SCHEDULE)

- The latest version of Timetable (Competition Schedule) is enclosed in your folder.
- Any amendments from now on will be communicated through the TIC
- Ensure you do NOT use previous versions of the schedule, prior to your arrival in Tashkent (Uzbekistan)







# RULES & COMPETITION INFORMATION

- Competition Rules
- Competition and Technical Rules 2022 Edition will be applied.
- TR5 – Athlete's Shoes
- Rule 5 of the Technical Rules applies to all competition shoes and wearing non-approved shoes may lead to competition results not being valid (i.e' UNC TR5.5 Uncertified'). Athletes and Member Federations can check the status of their competition shoe on the approved list published on the World Athletics website (<https://www.worldathletics.org/about-iaaf/documents/technical-information>).



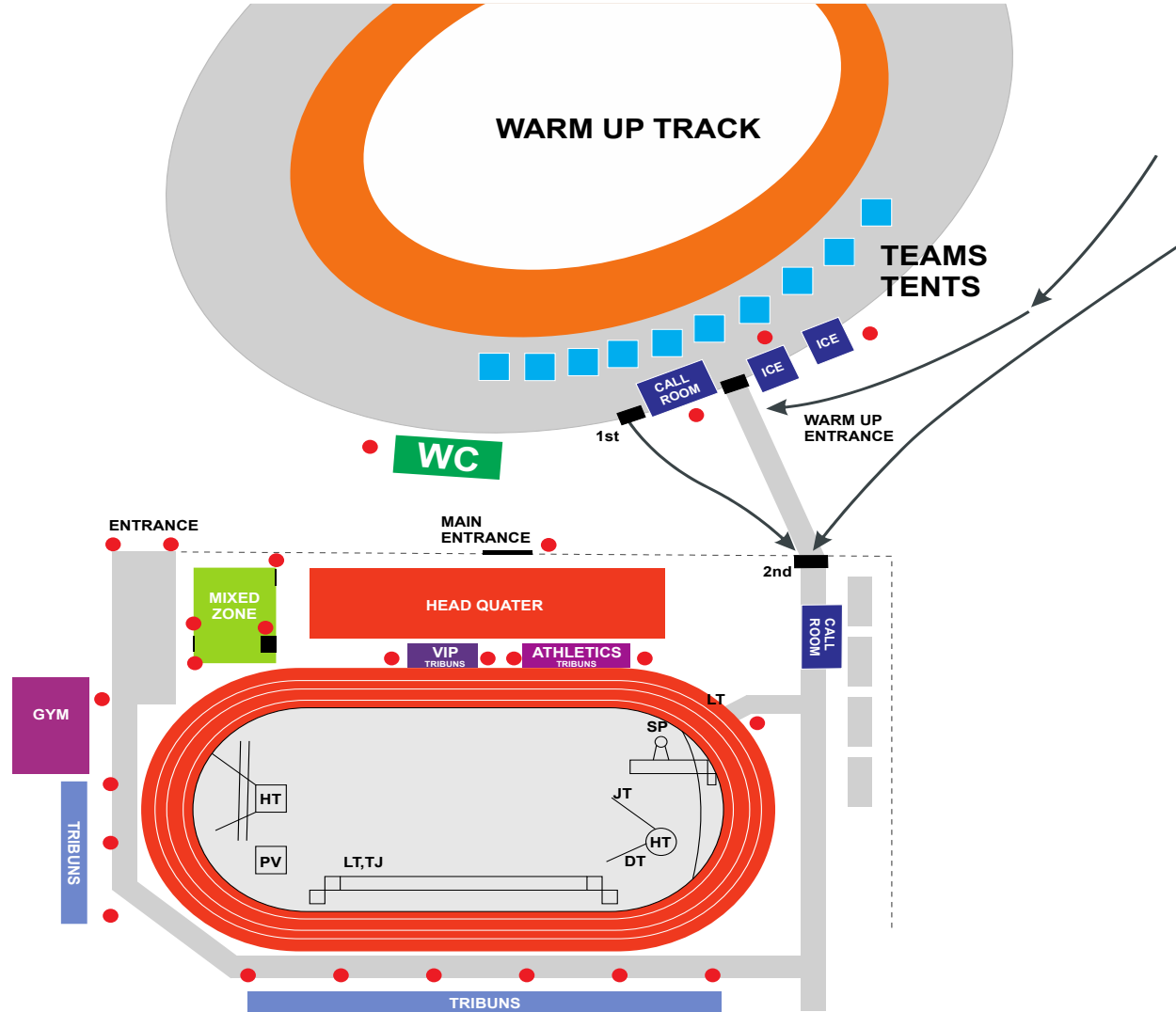
## YOUTH Asian athletics championships



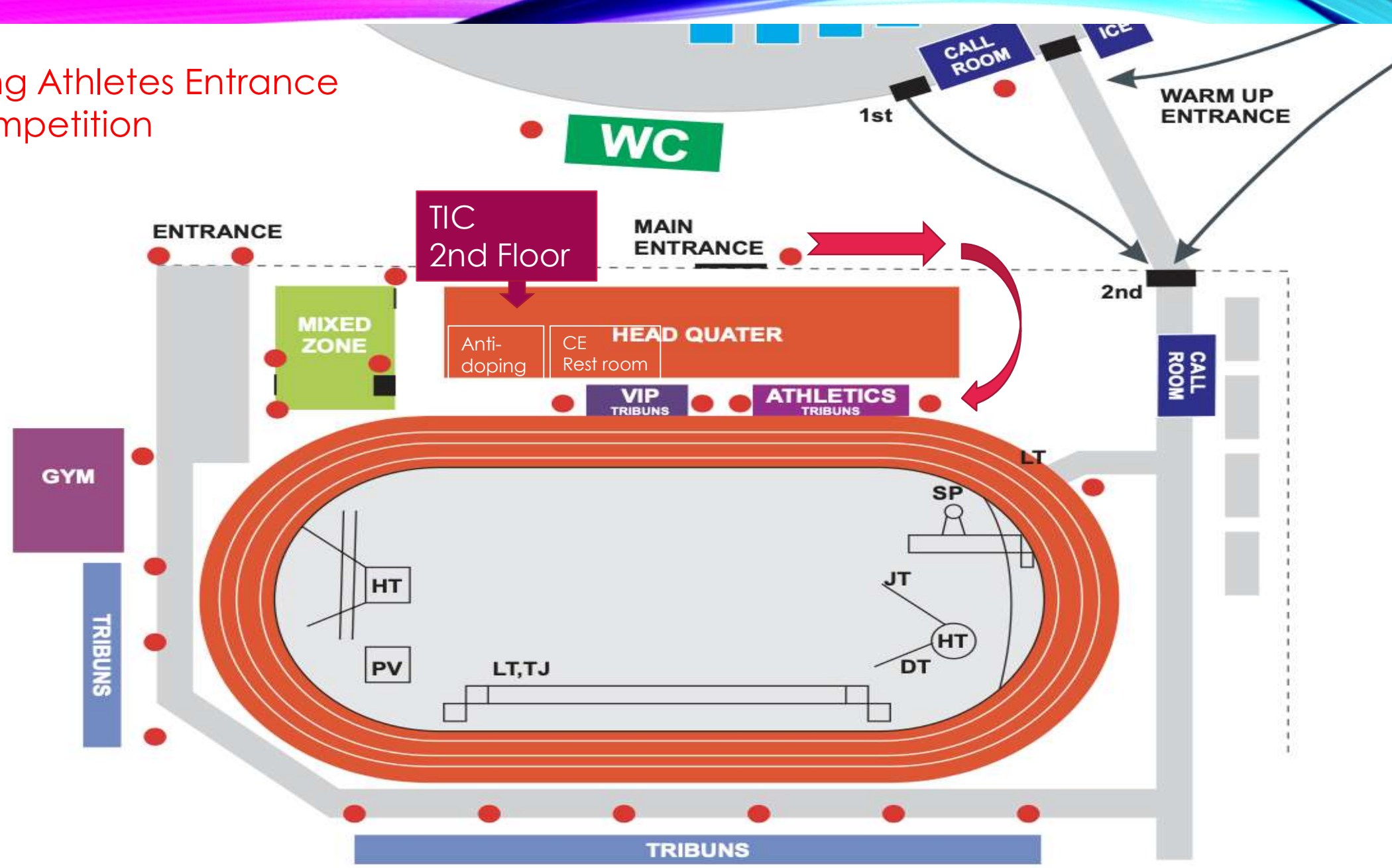


# RULES & COMPETITION INFORMATION

- Stadium Map
- The location of some facilities has been changed from the Team Manual.
- Stadium Tour
- The tour of the stadium will be conducted for the team representatives on 25<sup>th</sup> April 2023 at 12:00hrs after the Technical Meeting.



# Non Participating Athletes Entrance Facilities for competition





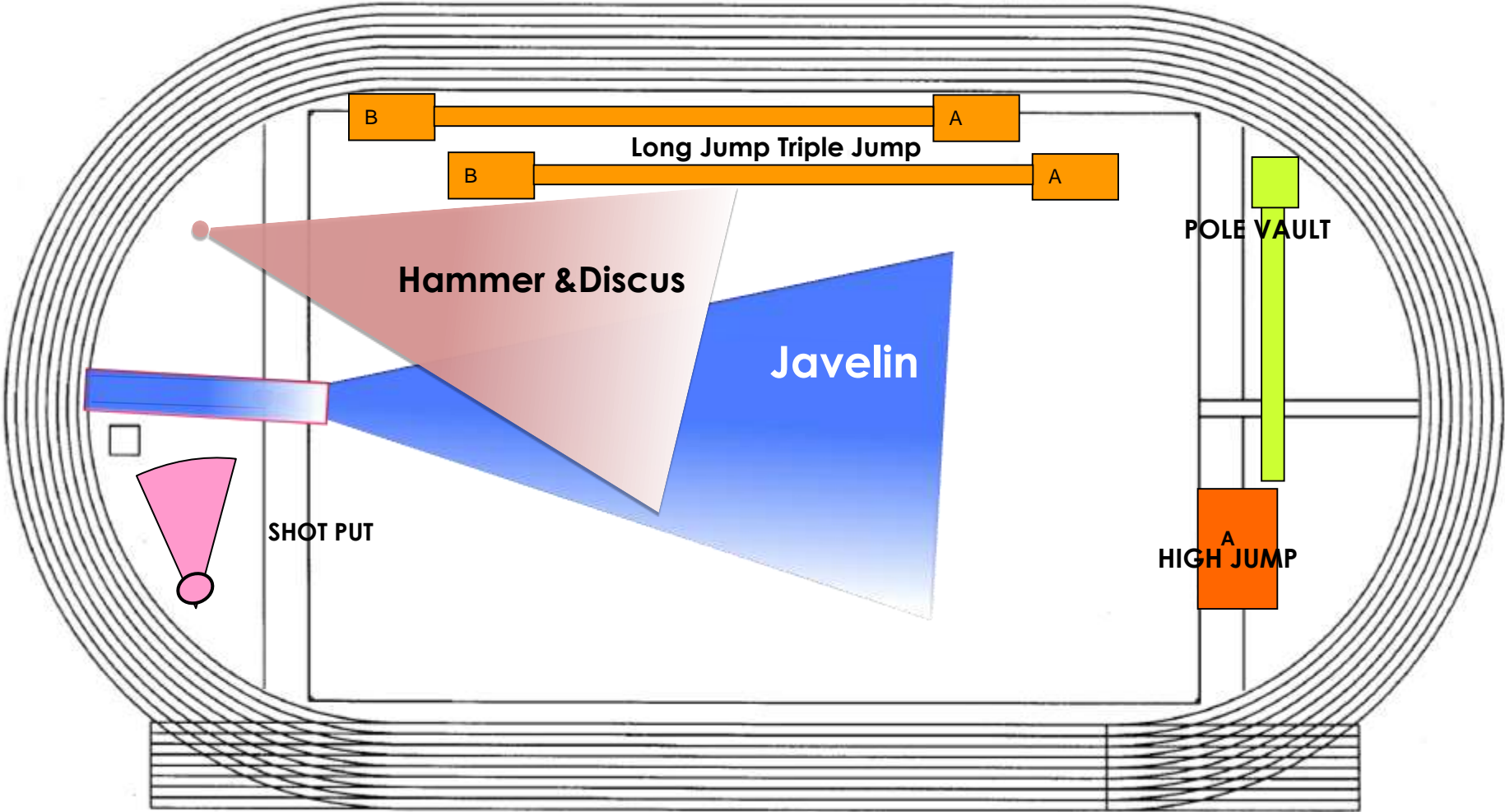
# RULES & COMPETITION INFORMATION

- Field Coaches' Seat
- The Seat is NOT reserved, but coaches may stay at any seat around the Stadium except seats at the main stand.





# LAY OUT OF TRACK







# RULES & COMPETITION INFORMATION

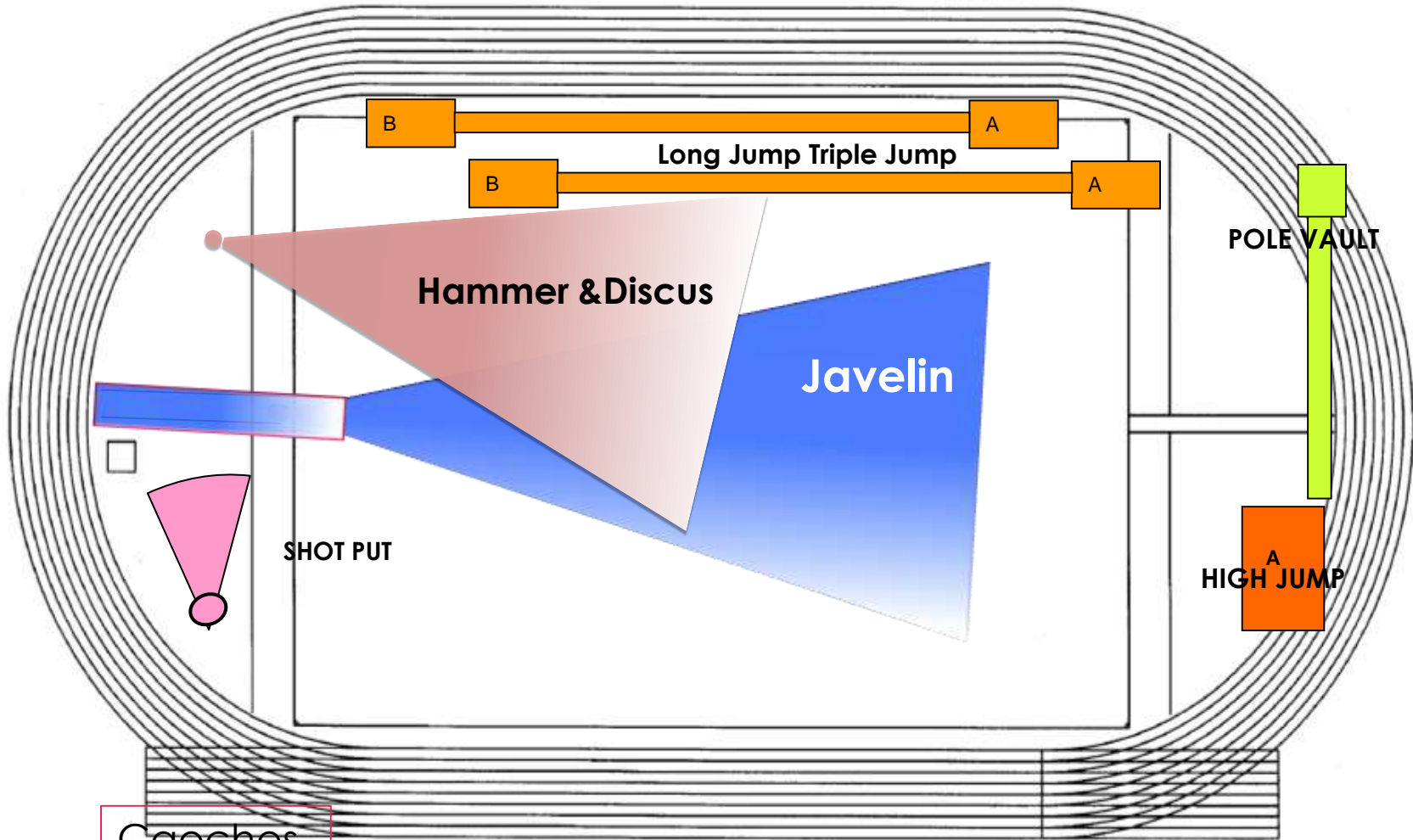
- Field Coaches' Seat
- Coaches are provided seating closer to the event .



# Coaches Seating

Coaches seating  
Discus & Hammer

Coaches seating  
LJ/TJ



Coaches  
Seating  
Javelin

Coaches  
seating  
Polevault

Coaches  
Seating  
High Jump

Coaches  
Seating  
Shot Put



# RULES & COMPETITION INFORMATION

- Practice
- Training Schedule is indicated in the Team Manual.
- Addition to the Training Schedule indicate in the Team Manual, Throw practice is permitted at the Main Stadium between 1.00pm - 2:30pm on 27<sup>th</sup> to 29<sup>th</sup> April 2023. Detail Training Schedule will posted at the notice board at Hotel CID
- Start Practice
- Practice session with the starters will take place on 26<sup>th</sup> April 2023 from 15:00hrs to 17:00hrs at the Main Stadium.
- Main Stadium will be opened for practice for track and jumps from 15.00 hrs. to 17:00 on 25<sup>th</sup> and 26<sup>th</sup> April 2023.

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# RULES & COMPETITION PROCEDURE

- Athletes' bibs

Each athlete will receive three (4) bib numbers with safety pins.

All competitors must display the bib numbers on their chest and back, except in all jumping events, where one (1) bib number only may be worn on either the chest or the back.

Relay team members must wear the bib with three letter code of their team on front and the bib with their personal number on the back .

Athletes taking part in the track events will also be given two (2) adhesive hip numbers in Final Call Room before entering into the FOP. The hip numbers must be fixed to both sides of their shorts or upper legs.







# RULES & COMPETITION PROCEDURE

- Athletes' bibs
- Athletes taking part in the relay events will wear the bib at their back and the country code on their chest.







# RULES & COMPETITION PROCEDURE

- Entries
- The deadline for sending the Final Entry Form was by 27th March, 2023. After the final entry deadline, there shall be no additions or changes of events between the athletes already entered.





# RULES & COMPETITION PROCEDURE

- **1. Withdrawal Form instead of Final Confirmation Form**
  - Though Final Confirmation Form will NOT be used, the Withdrawal Form should be submitted to TIC/CID by 10:00am each day for the next day's event if teams have any athlete who is on the Entry List who will not compete. For the purpose, "Reason for Withdrawal" is NOT required.
  - Daily Startlist will be produced excluding these athletes.
- **2. Withdrawals for athletes who are on Startlist**
  - Withdrawals for any athlete who is on the Startlist have to be submitted on the official Withdrawal Form to TDs through the TIC. If the athlete is entered in another discipline (including relays) of the Championships, the reason for the withdrawal has to be specified in detail, confirmed by the Medical Delegate, being its acceptance, the responsibility of the TDs based on the WA Rules.
- **TR4.4 Failure to Participate**
  - Any athlete who is on the start list, or after qualifying during a qualifying round or a heat for any event, fails to participate in the event without giving a valid reason (e.g. a medical certificate provided by and based on an examination of the athlete by the Medical Delegate appointed under CR6), shall be excluded from participation in all further events in the competition, including Relays (see TR4.4)





# RULES & COMPETITION PROCEDURE

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- Throwing Implements
- The list of Official throwing implements is indicated in the Team Manual.
- Personal implements shall also be allowed, provided that:
  - - they have WA certification
  - - they are not on the LOC's Official Implement list
  - - they have been presented to the TIC by 15:00 on the day prior to the competition
  - - they are made available to all the other competitors until the end of the final
  - - they are in good conditions and the brand is easily recognized
- Personal implements will be returned at TIC 30 minutes after the conclusion of the final event.



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# CALL ROOM REPORTING TIMES

|   | CALL TIME (CALL ROOM CLOSING TIME) | AT COMPETITIONSITE |
|---|------------------------------------|--------------------|
| Track Events<br>(Except Hurdle · Relay) | <b>30min before</b>                | 10min before       |
| Relay                                   | <b>40min before</b>                | 15min before       |
| Hurdle                                  | <b>35min before</b>                | 15min before       |
| Long Jump · Triple Jump                 | <b>50min before</b>                | 30min before       |
| High Jump                               | <b>60min before</b>                | 40min before       |
| Pole Vault                              | <b>80min before</b>                | 60min before       |
| Throwing Events                         | <b>40min before</b>                | 30min before       |



# TRACK EVENT PROGRESSION

| MEN   |             |       |       |         |       |       |                  | Event              | WOMEN            |         |       |       |            |       |       |       |
|-------|-------------|-------|-------|---------|-------|-------|------------------|--------------------|------------------|---------|-------|-------|------------|-------|-------|-------|
| Final | Semi-finals |       |       | Round.1 |       |       | Entries<br>P/F/C |                    | Entries<br>P/F/C | Round 1 |       |       | Semi Final |       |       | Final |
|       | Qual.       | Heats | Start | Qual.   | Heats | Start |                  |                    |                  | Start   | Heats | Qual. | Start      | Heats | Qual. |       |
| 8     | 3+2         | 2     | 16    | 3+4     | 4     | 32    | <b>32</b>        | 100m               | <b>25</b>        | 25      | 4     | 3+4   | 16         | 2     | 3+2   | 8     |
| 8     | 3+2         | 2     | 16    | 3+4     | 4     | 31    | <b>31</b>        | 200m               | <b>23</b>        | 23      | 3     | 2+2   |            |       |       | 8     |
| 8     |             |       |       | 2+2     | 3     | 24    | <b>23</b>        | 400m               | <b>14</b>        | 14      | 2     | 3+2   |            |       |       | 8     |
| 8     |             |       |       | 3+2     | 2     | 14    | <b>14</b>        | 800m               | <b>10</b>        | 10      |       |       |            |       |       | 10    |
| 16    |             |       |       |         |       |       | <b>16</b>        | 1500m              | <b>10</b>        | 10      |       |       |            |       |       | 10    |
| 15    |             |       |       |         |       |       | <b>15</b>        | 3000m              | <b>4</b>         | 4       |       |       |            |       |       | 4     |
| 17    |             |       |       |         |       |       | <b>17</b>        | 2000m Sc           | <b>9</b>         | 9       |       |       |            |       |       | 9     |
| 8     |             |       |       | 2+2     | 3     | 20    | <b>20</b>        | 110m/100m H        | <b>10</b>        | 10      | 2     | 3+2   |            |       |       | 10    |
| 8     |             |       |       | 2+2     | 3     | 17    | <b>17</b>        | 400m H             | <b>7</b>         | 7       |       |       |            |       |       | 7     |
| 8     |             |       |       |         |       |       | <b>8</b>         | 10000mW/5000<br>mW | <b>9</b>         | 9       |       |       |            |       |       | 9     |
| 8     |             |       |       | 3+2     | 2     | 11    | <b>11</b>        | Medley Relay       | <b>6</b>         | 6       |       |       |            |       |       | 6     |



# QUALIFYING PROCEDURES



## MEN

| EVENT | No. entered |
|-------|-------------|
| HJ    | 14          |
| PV    | 6           |
| LJ    | 17          |
| TJ    | 15          |
| SP    | 9           |
| DT    | 17          |
| HT    | 13          |
| JT    | 8           |
| Hep   |             |
| Deca  | 9           |

## WOMEN

| EVENT | No. entered |
|-------|-------------|
| HJ    | 12          |
| PV    | 5           |
| LJ    | 13          |
| TJ    | 11          |
| SP    | 9           |
| DT    | 4           |
| HT    | 8           |
| JT    | 9           |
| Hep   | 7           |
| Deca  |             |

All Field Events – straight to Final.



## STARTING HEIGHTS AND THE RAISING OF THE BAR

|            |            |   |
|------------|------------|---|
| High Jump  | Men        | 1.70, 1.75, 1.80, 1.85, 1.89, 1.93 1.95<br>1.97 +2cm  |
|            | Women      | 1.45, 1.50, 1.55, 1.60, 1.65, 1.69,<br>1.73 1.75 +2cm |
| Pole Vault | Men        | 3.70, 3.90, 4.00, 4.10, 4.20, 4.30,<br>4.35 +5cm      |
|            | Women      | 3.00, 3.20, 3.30, 3.45, 3.50 +5cm                     |
| Decathlon  | High Jump  | 1.60 +3cm   |
|            | Pole Vault | 3.50 +10cm  |
| Heptathlon | High Jump  | 1.30 +3cm   |

# Call Room Procedure



- **Call Room 1**

General check at Warm up area.

After the Procedure they will proceed for the final check at call room 2(Final Call Room ) near the Stadium . Transit period of time between one and two is about 2 minutes.

- **Final Call Room**

Check up in specific items bibs, spikes ,shoes vest, bags and any other item unwanted will be confiscated and kept in the Post control area . These item can be recuped after the finish of the race from Post event control room.

# POST COMPETITION PROCEDURES

- All athletes, upon completion of their event, must proceed to the Mixed Zone located just ahead of the finish line, where they will meet with media for flash interviews.
- At the end of the Mixed Zone:
  - athletes selected for doping control shall be notified by a doping control officer
  - medal winners shall be notified accordingly and eventually escorted to the Medal Ceremonies waiting area
- Flash interviews with TV and radio will be conducted immediately after each Event in the Mixed Zone, followed by short interviews with Written press



# PROTESTS & APPEAL



## Protest

- Any protest shall be made orally to the Referee by an athlete, by someone acting on his behalf or by an official representative of a team.
- If the Referee makes a decision, there shall be a right of appeal to the Jury. Where the Referee is not accessible or available, the protest should be made to him through the Technical Information Centre.

## Appeals

An appeal to the Jury of Appeal must be made within 30 minutes:

- a. of the official announcement of the amended result of an event arising from the decision made by the Referee; or
  - b. of the advice being given to those making the protest, where there is no amendment of any result.
- It shall be in writing, signed by a responsible official on behalf of the athlete or team, and shall be accompanied by a deposit of USD 100, or its equivalent, which will be forfeited if the appeal is not allowed.





# MEDAL CEREMONY

- Medallists will be notified about the Medal Ceremony times in Post Event Control.
- Medallists must wear their delegation's official uniform.
- No Victory Ceremony will be delayed due to late arrival of an athlete
- Victory Ceremonies are part of the competition and any no-show from a medallist without a justifiable reason may result in the athlete receiving a warning by the relevant Referee





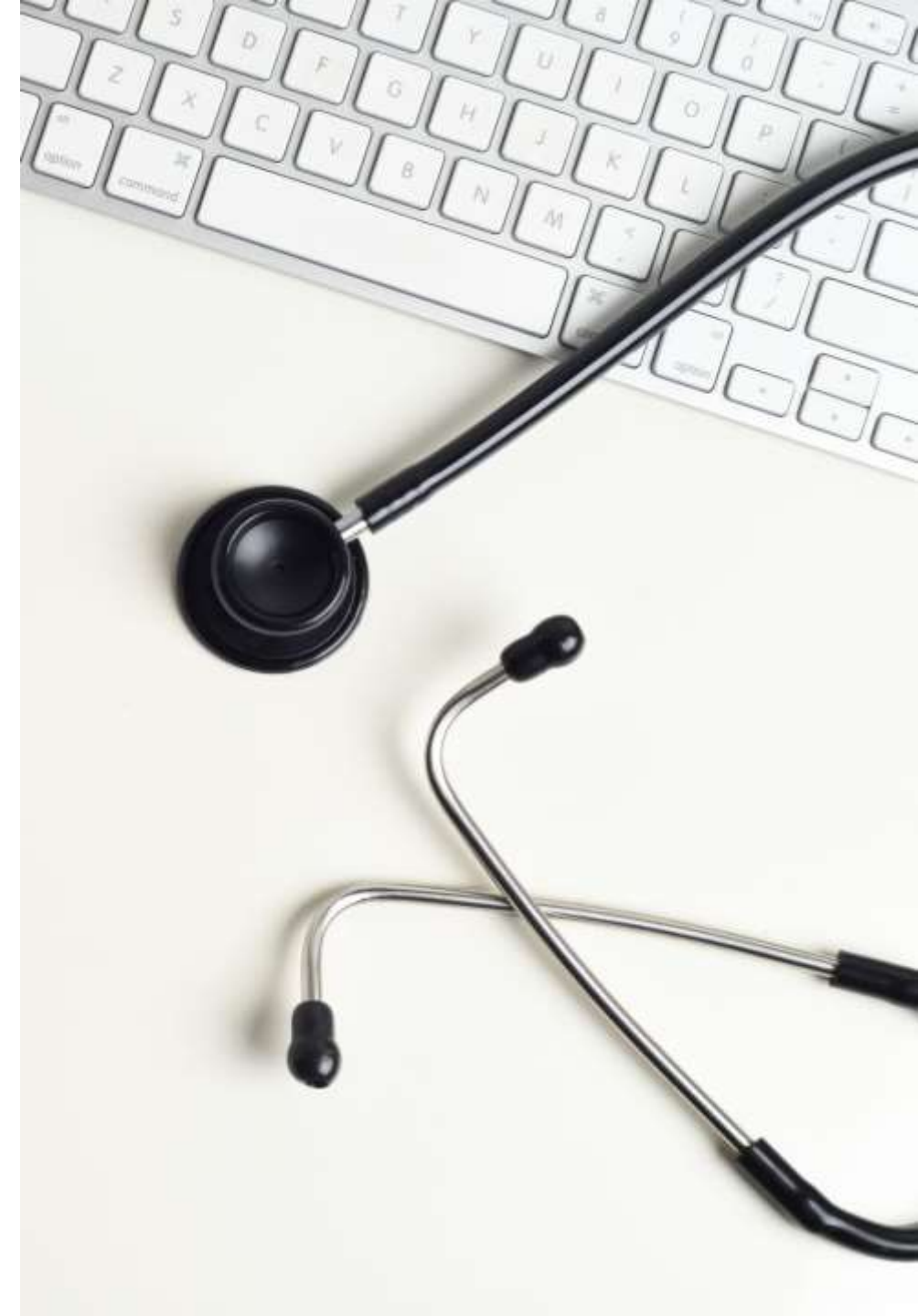
# MEDICAL SERVICES

- ✓ The LOC will provide medical services at the Hotels, the place of competitions and the warmup area.
- ✓ Free medical service will be provided by the LOC.
- ✓ At the Hotel, contact the CID. When the CID is closed, contact the Hotel reception.
- ✓ At the place of competitions or at the warm up area, contact the Medical Room/Station in each place.
- ✓ Cases which cannot be dealt easily will receive medical care at hospitals in the vicinity. Any costs caused by further medical care in hospitals other than these on-site medical facilities must be paid by the respective teams.

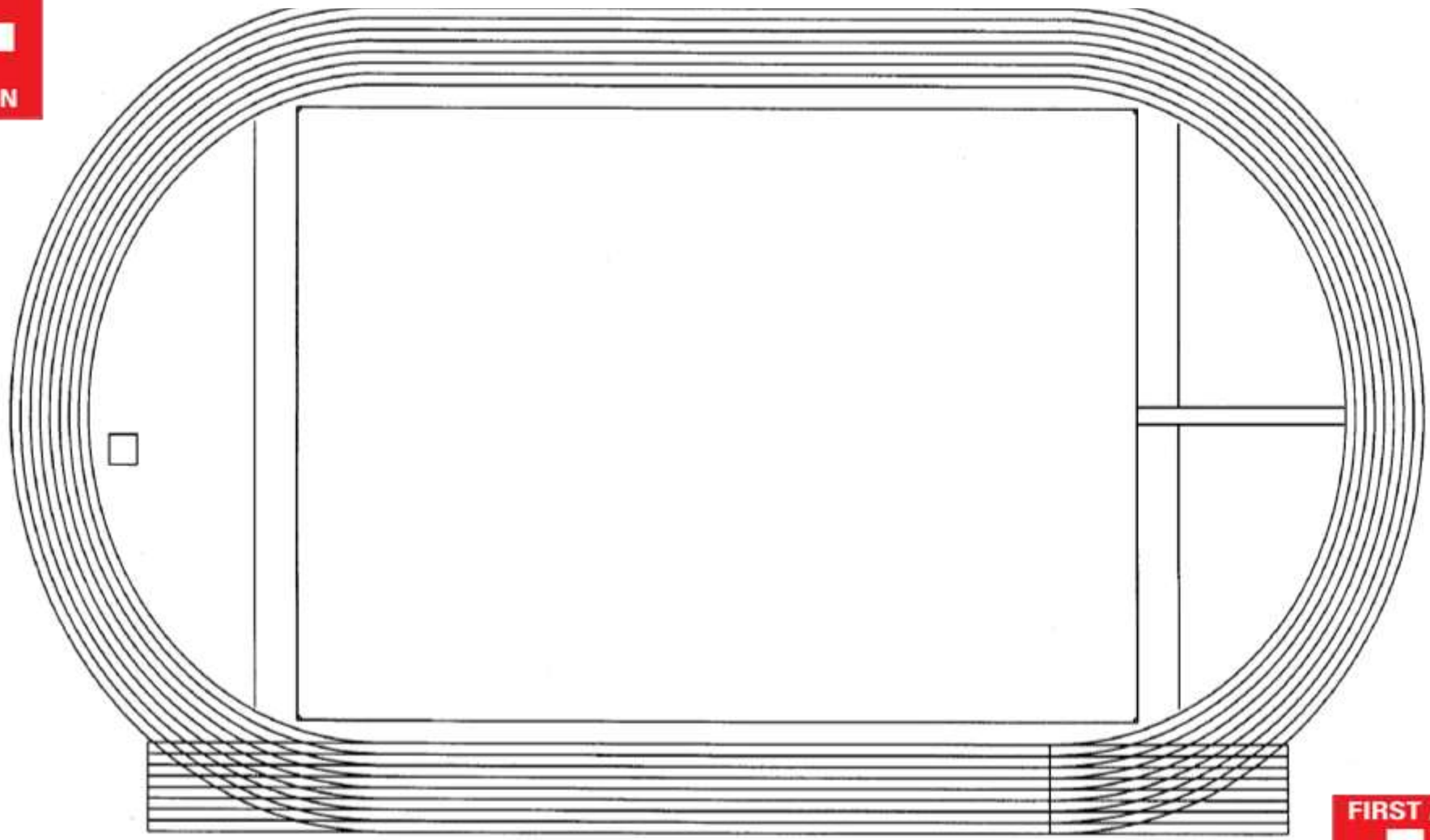


# MEDICAL CONCERN

- ✓ COVID-19 and other infection Spread
  - Wash hand
  - Avoid 3 Cs (crowded, closed condition and close contact)
  - If you are symptomatic, do not hesitate to contact LOC doctors.
- ✓ Exertional Heat Illness
  - Short time to acclimatize local climate
  - Adequate hydration is necessary



# MEDICAL FACILITIES IN THE FOP





# ANTI -DOPING



- Doping control tests will be conducted according to the latest World Athletics Anti-Doping Rules and Regulations;
- Athletes will be randomly selected and notified for doping control test at the post event control room, and will be escorted to the doping control room for testing;
  - Selected athlete must present his/her passport for identity verification;
  - Selected athlete must be accompanied by a team official for the testing;
  - Selected athlete with TUE must present their TUE certificate at the Doping Control Room;
  - Failure or refusal to report to the doping control room after notification may result in Anti-doping Rule violation;
- For athletes who set new national records and need doping control test for ratification have to apply for testing at TIC immediately after each event. For this, each team must bear the cost which is USD350 for urine standard test, and this test fee must be paid in cash to TIC.



- 
- Question
  - From Hong Kong
  - What are the distance of Takeoff Board in Long Jump and Triple Jump

Answer

Take Off Board

Boys 13mts and Girls 11mts

Regarding food the organizer will answer.