



Power and Speed in
the Heart of Eurasia

XXXIII QOSANOV MEMORIAL

ALMATY
JUNE 22 - 23

WORLD ATHLETICS™

Continental Tour BRONZE

**ORGANIZING COMMITTEE
AND REFEREES**

Meeting Director

Pavel KUKIN

Competition Manager

Denis MOSSEYEV

TIC Manager

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Accommodation / transportation

Berik YESENGELDIN

Protocol

Larissa LADINA

Award

Yelena YUDA

Starter

Akhmed NABIYEV

Photo Finish

Dmitriy SEMENOV

Timetable

DAY 1–Saturday, June 22, morning session			
10:00	400m Hurdles	Men	Heats
10:20	400m	Women	Heats
10:34	400m	Men	Heats
10:55	100m	Women	Heats
11:16	100m	Men	Heats
DAY 1–Saturday, June 22, evening session			
17:00	Hammer Throw	Women	Final
18:00	OPENING CEREMONY		
18:20	100m	Girls	Final
18:22	Pole Vault	Men	Final
18:24	Long Jump	Women	Final
18:26	100m	Boys	Final
18:28	Discus Throw	Women	Final
18:30	Shot Put	Men	Final
18:32	100m	Women	Final
18:38	100m	Men	Final
18:45	1500m	Men	Final
18:53	Relay 4 x 100m mix	Kids mix	Final
19:00	3000m SC	Women	Final
19:12	High Jump	Men	Final
19:15	400m	Women	Final
19:20	Shot Put	Women	Final
19:22	400m	Men	Final
19:25	100m kids W/M., 4 x 100m Kids mix, 100 W/M., 1500m M., 3000m SC W., HT W.		MC
19:40	Long Jump	Men	Final
19:42	400m Hurdles	Women	Final
19:45	Discus Throw	Men	Final
19:49	400m Hurdles	Men	Final
19:55	SP M., DT W., LJ W.		MC
20:05	4x100m Relay	Women	Final
20:12	4x100m Relay	Men	Final
20:30	400m H W/M., PV M., HJ M., SP W., Relay 4x100m W/M, 400m W/M.		MC
21:20	LJ M., DT M.		MC

DAY 2–Sunday, June 23 morning session			
10:00	200m	Women	Heats
10:14	200m	Men	Heats
DAY 2 – Sunday, June 23 Evening session			
17:00	Hammer Throw	Men	Final
18:00	Triple Jump	Men	Final
18:03	High Jump	Women	Final
18:05	100m Hurdles	Women	Final
18:07	Javelin Throw	Women	Final
18:10	Pole Vault	Women	Final
18:14	110m Hurdles	Men	Final
18:25	200m	Women	Final
18:32	200m	Men	Final
18:39	5000m	Women	Final
19:00	100m H W., 110m H M., HT M.		MC
19:05	5000m	Men	Final
19:20	Triple Jump	Women	Final
19:22	Javelin Throw	Men	Final
19:36	200m W/M., HJ W., TJ M.		MC
19:42	800m	Women	Final
19:50	800m	Men	Final B
19:58	800m	Men	Final A
20:10	Relay 4 x 400m mix	Mix	
20:30	5000m W/M., 800m W/M., TJ W., JT W/M., PV W., Mix Relay.		MC

COMPETITION REGULATIONS

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Competition Bibs

Each participant will receive 3 Bibs. One should be attached to the front and the second one to the back (except of jumping events). Third on a training backpack.

Protests and appeals

Protests will be resolved in accordance with the WATR8.

Track events

The race distribution in track events will be implemented in accordance with the entry information. The following events of competitions are held in two rounds (Round 1 and Final):

Qualifications

MEN Round 1		Track Prograssion	WOMEN Round 1	
Heats	Qual.		Heats	Qual.
3	2+2	100m	3	2+2
3	2+2	200m	2	3+2
2	3+2	400m	2	3+2
2	3+2	400mH		

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Other track events are held in one round - Final.

The official timing will be provided by the organizers and will be displayed on the electronic scoreboard. The photo finish camera will be provided by the Finish Lynx System.

Field Events

Distribution of succession in jumping and throwing events will be random.

Measurements

EDM will be used in field events.

4x400m mix Relay order of athletes:

- 1. Men**
- 2. Women**
- 3. Men**
- 4. Women**

The competition technical requirements

The procedure of the bar lifting

High Jump:

High Jump:

- Male: 1.85, 1.90, 1.95, 2.00, 2.04, 2.08, 2.12 and further per 2 centimeters;
- Female 1.65, 1.70, 1.75, 1.80, 1.84, 1.88, 1.92 and further per 2 centimeters.

Pole Vault:

- Male: 4.00, 4.20, 4.40, 4.60, 4.80, 4.90, 5.00 and further per 5 centimeters;
- Female: 3.20, 3.40, 3.60, 3.70, 3.80, 3.90, 4.00 and further per 5 centimeters.

Personal equipment

Personal equipment will be permitted providing that:

- It has been certified by the WA.
- It is in good condition.
- It is available for other participants of competitions until the end of the competition.
- It must be provided to the TIC on June 21 (Friday) from 17:00 to 19:00.
- Athletes can retrieve the personal implements from the TIC 40 minutes after the finish of the event

Call room time

Events	Report at Call room	Reporting Site at FOP
Track Event	30mins	8 mins
Relay	40mins	12mins
Hurdles	35mins	12mins
Long Jump Triple Jump	50mins	30mins
High Jump	60mins	40mins
Pole Vault	80mins	60mins
Throwing Events	60mins	30mins



Hammer
Throw

Competition
arena

Post Event

Call room

Warm up

WA Anti-doping procedure
will be followed





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Thank for your attention
Good performances!